

SUMMER 2026 SCHEDULE (June 15-Aug 29)

		Sun	Mon	Tues	Wed	Thurs	Fri	Sat		
M	O	6:00a-12:45p Lap Swim	6:00a-12:45p Lap Swim	6:00a-12:45p Lap Swim	6:00a-12:45p Lap Swim	6:00a-12:45p Lap Swim	6:00a-12:45p Lap Swim			
		6:00-8:00a Water Walk	6:00-10:00a Water Walk	6:00-8:00a Water Walk	6:00-8:00a Water Walk	6:00-10:00a Water Walk	6:00-8:00a Water Walk			
		6:10-7:00a DW Aerobics		6:10-7:00a DW Aerobics		6:10-7:00a DW Aerobics		6:10-7:00a DW Aerobics		
		8:10-9:00a SW Aerobics	8:10-9:00a DW Aerobics	8:10-9:00a SW Aerobics	8:10-9:00a DW Aerobics	8:10-9:00a SW Aerobics	8:10-9:00a SW Aerobics			
		9:10-10:00a DW Aerobics	9:00-10:00am Adult Lessons	9:10-10:00a DW Aerobics	9:00-10:00am Adult Lessons	9:10-10:00a DW Aerobics	9:00-10:00am Adult Lessons	9:10-10:00a DW Aerobics		
		9:00-10:00a Water Walk		9:00-10:00a Water Walk		9:00-10:00a Water Walk		9:00-NOON Water Walk		
		10:00-noon Lessons	10:00-noon Lessons	10:00-noon Lessons	10:00-noon Lessons	10:00-noon Lessons		10:00a-2:00p Lap Swim		
		12:10-1:00p SW Aerobics		12:10-1:00p SW Aerobics		12:10-1:00p SW Aerobics		12:10-1:00p SW Aerobics	10:00-Noon Family swim/ Water walk	
			Noon-1:00p Family Swim/ Water walk		Noon-1:00p Family Swim/ Water walk		Noon-1:00p Family Swim/ Water walk		Noon-2:00p Public Swim	
		1:00-3:30p Public Swim	1:00-3:30p Public Swim	1:00-3:30p Public Swim	1:00-3:30p Public Swim	1:00-3:30p Public Swim	1:00-3:30p Public Swim	1:00-3:30p Public Swim		
E	V	3:30-5:00p Lap Swim	3:30-5:00p Lap Swim	3:30-5:00p Lap Swim	3:30-5:00p Lap Swim	3:30-5:00p Lap Swim	C			
		4:00-6:00p Lessons	4:00-6:00p Lessons	4:00-6:00p Lessons	4:00-6:00p Lessons	4:00-6:00p Lessons		4:00-6:00p Lessons	I	
		5:00-6:30p Sea Lions Swim Team Practice								
		6:00-6:30p Parent/TOT		6:00-6:30p Parent/TOT		6:00-6:30p Parent/TOT				O
		6:00-7:30p Family Swim	6:00-7:30p Family Swim	6:00-7:30p Family Swim	6:00-7:30p Family Swim	6:00-7:30p Family Swim	6:00-7:30p Family Swim	S		
		6:10-7:00p DW Aerobics	6:10-7:00p DW Aerobics	6:10-7:00p DW Aerobics	6:10-7:00p DW Aerobics	6:10-7:00p DW Aerobics	6:10-7:00p DW Aerobics		E	
		6:30-7:30p Lap Swim	6:30-7:30p Lap Swim	6:30-7:30p Lap Swim	6:30-7:30p Lap Swim	6:30-7:30p Lap Swim	6:30-7:30p Lap Swim			

DW: Deep Water Aerobic Class

SW: Shallow Water Aerobic Class

Family swim: Small Pool only. Anyone under 18 must be accompanied by an adult **IN** water at all times!

Public swim: Parent must accompany any child 6 & under **IN** water at all times!