

# WINTER 2024 SCHEDULE (Feb. 19-Mar. 24)

		Sun	Mon	Tues	Wed	Thurs	Fri	Sat	
<b>M o r n i n g</b>	<b>C l o s e d</b>	6:00-NOON Lap Swim	6:00-NOON Lap Swim	6:00-NOON Lap Swim	6:00-NOON Lap Swim	6:00-NOON Lap Swim	6:00-NOON Lap Swim		
		6:00-8:00a Water Walk	6:00-11:00a Water Walk	6:00-8:00a Water Walk	6:00-8:00a Water Walk	6:00-11:00a Water Walk	6:00-8:00a Water Walk		
		6:10-7:00a DW Aerobics		6:10-7:00a DW Aerobics		6:10-7:00a DW Aerobics			
		8:10-9:00a SW Aerobics	8:00-9:00a Adult Lessons	8:10-9:00a SW Aerobics	8:00-9:00a Adult Lessons	8:10-9:00a SW Aerobics	8:10-9:00a SW Aerobics		
		9:00-10:00a Water Walk	8:10-9:00a DW Aerobics	9:00-10:00a Water Walk	8:10-9:00a DW Aerobics	9:00-10:00a Water Walk	9:00-10:00a Water Walk		
		9:10-10:00a DW Aerobics		9:10-10:00a DW Aerobics		9:10-10:00a DW Aerobics	9:10-10:00a DW Aerobics	10:00-1:00p Lap Swim	
		10:10-11:00a SW Aerobics		10:10-11:00a SW Aerobics		10:10-11:00a SW Aerobics	10:10-11:00a SW Aerobics	10:00-1:00p Family Swim/ Water Walk	
		11:00a-NOON Family Swim	11:00-NOON Family Swim	11:00a-NOON Family Swim	11:00-NOON Family Swim	11:00-NOON Family Swim	11:00a-NOON Family Swim		
		<b>POOL CLOSED NOON-3:30P</b>						<b>C l o s e d</b>	
		3:30-5:00p Public/LAP Swim	3:30-5:00p Public/LAP Swim	3:30-5:00p Public/LAP Swim	3:30-5:00p Public/LAP Swim	3:30-5:00p Public/LAP Swim			
5:00-7:00p Lessons	5:00-7:00p Water Walk	5:00-7:00p Lessons	5:00-7:00p Water Walk	5:00-7:00p Water Walk					
6:10-7:00p DW Aerobics	6:10-7:00p DW Aerobics	6:10-7:00p DW Aerobics	6:10-7:00p DW Aerobics	6:10-7:00p DW Aerobics					
		Sea Lions Swim Team M-F 5:00-6:30p							

DW = Deep Water Aerobic Class

SW = Shallow Water Aerobic Class

Water Walk = No instructor

Family Swim = Adult Must be IN Water with child at all times

Public Swim = Children under 7 must be accompanied by an Adult IN Water at all times.