

FALL/WINTER 2023/24 SCHEDULE (Nov.13-Mid Feb.)

		Sun	Mon	Tues	Wed	Thurs	Fri	Sat	
M o r n i n g	C O S e d	6:00-NOON Lap Swim	6:00-NOON Lap Swim	6:00-NOON Lap Swim	6:00-NOON Lap Swim	6:00-NOON Lap Swim	6:00-NOON Lap Swim		
		6:00-8:00a Water Walk	6:00-11:00a Water Walk	6:00-8:00a Water Walk	6:00-8:00a Water Walk	6:00-11:00a Water Walk	6:00-8:00a Water Walk		
		6:10-7:00a DW Aerobics		6:10-7:00a DW Aerobics		6:10-7:00a DW Aerobics			
		8:10-9:00a SW Aerobics	8:00-9:00a Adult Lessons	8:10-9:00a SW Aerobics	8:00-9:00a Adult Lessons	8:10-9:00a SW Aerobics	8:00-9:00a Adult Lessons		
		9:00-10:00a Water Walk	8:10-9:00a DW Aerobics	9:00-10:00a Water Walk	8:10-9:00a DW Aerobics	9:00-10:00a Water Walk	8:10-9:00a DW Aerobics		
		9:10-10:00a DW Aerobics		9:10-10:00a DW Aerobics		9:10-10:00a DW Aerobics			
		10:10-11:00a SW Aerobics		10:10-11:00a SW Aerobics		10:10-11:00a SW Aerobics		10:00-1:00p Lap Swim	
		11:00a-NOON Family Swim	11:00-NOON Family Swim	11:00a-NOON Family Swim	11:00-NOON Family Swim	11:00a-NOON Family Swim	11:00a-NOON Family Swim	10:30-11:00a Parent/TOT	
		POOL CLOSED NOON-3:30P						C L O S E D	10:00-1:00p Family Swim/ Water Walk
		3:30-5:00p Public Swim	3:30-5:00p Public Swim	3:30-5:00p Public Swim	3:30-5:00p Public Swim	3:30-5:00p Public Swim			
NO 3:30-5:00 LAP SWIM DUE TO HS SWIM SEASON									
5:00-7:00p Lessons	5:00-6:00p Water Walk	5:00-7:00p Lessons	5:00-6:00p Water Walk	5:00-7:00p Lessons	5:00-6:00p Water Walk				
6:10-7:00p DW Aerobics	6:10-7:00p DW Aerobics	6:10-7:00p DW Aerobics	6:10-7:00p DW Aerobics	6:10-7:00p DW Aerobics	6:10-7:00p DW Aerobics				
7:00-7:50p Lap Swim	7:00-7:50p Lap Swim	7:00-7:50p Lap Swim	7:00-7:50p Lap Swim	7:00-7:50p Lap Swim	7:00-7:50p Lap Swim				
NOV 13-MID FEB. - St. Helens High School 4 lanes 3:30-5:00p									
Sea Lions swim team M-F 5:00-6:30p									
NOV 13-MID FEB. - Scappoose High School 4 lanes M-TH 6:30-8:00p & FRI 6:45am									
E v e n i n g									